



Training Nuggets

*Special Sauce
for Leaders*



January 31, 2026



WORDS OF WISDOM:

“Do not wait for ideal circumstances, nor the best opportunities, they will never come.”



LEADERSHIP LESSONS:

Transitioning to a leadership role means being responsible for team results but NOT doing all the work. This is a difficult shift for new leaders. Getting work done through other people is the new challenge. Think – What does my team need from me to meet their goals? Answers might be: Training, education, motivation, providing tools, listening or removing barriers.



TIPS FOR BETTER BOSSES:

Changing employee performance isn't your responsibility...

Your responsibility is to coach and provide feedback. The employee must make the decision to improve their performance. During weekly check-ins include items for the employee to start, stop, and continue to do.



COMMUNICATION COUNTS:

7% of our communication comes through the words we use.

38% of communication involves our tone of voice, volume, and voice inflection.

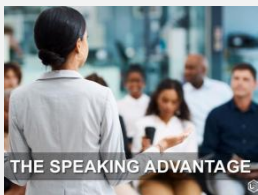
55% of communication is body language: Facial expressions, eye contact, etc.

Funny to think that 93% of communication has nothing to do with what we say!



PRESENTATION POWER:

When possible, talk to the people that will attend your presentation in advance. Learn their expectations and what your topic means to their day-to-day activities. It's also a good idea to connect how they will use your information to improve their results in the future.



FEATURED WORKSHOP - THE SPEAKING ADVANTAGE (1-Day)

Public speaking isn't just for the stage, it's for the boardroom, breakroom, and every other room where your voice matters. Learn to lead meetings with confidence, present ideas that stick, or just speak up without stumbling.

Time to turn public speaking into a skill you're proud of...not scared of.

